Tread Lightly in the Park





May 2013

Cairngorms National Park Ranger Services Countryside Events

2 - 3pm

Rangers welcome visitors to the countryside and help people discover and appreciate what's around them. Rangers run a variety of countryside events that encourage people to learn about the National Park. A list of events can also be found on www.cairngorms.co.uk or ask at your accommodation, local Visitor Information Centre or Ranger base.

Every Day in May FEED THE DEER

Armed with grain, you can stroke and feed these delightful animals whilst enjoying some magical views of the Spey Valley. The Rangers are on hand at all times to answer any questions about the Red deer of other wildlife while on your stroll. Booking: essential tel: 01479 812 345

Cost: adults £8, children £4 Rothiemurchus Estate Ranger Service

Daily except Wednesday ROTHIEMURCHUS EXPERIENCE BY LAND ROVER

This is a fascinating experience looking into the history, people and work of Rothiemurchus. Driven and guided by a friendly Rothiemurchus Ranger you will visit the Highland Cattle, parts of the Ancieny Caledonian Pine Forest, Loch an Eilein with views of its mysterious castle, Tullochgrue high ground, the Doune House and finish off getting up close and hand feeding hinds and stags at the Deer Farm.

Meet at Rothiemurchus Centre. Booking: essential tel: 01479 812 345 Cost: £30 per person

Rothiemurchus Estate Ranger Service

(7th. 14th. 21st & 28th May **RED SQUIRREL SAFARI**

Walks through the ancient pine forest to a magical woodland hide and watch red squirrel climbing, jumping and chasing each other, as well as many other woodland creatures such as crested tits, red deer and woodpeckers.

Booking: essential tel: 01479 812 345 Cost: adults £8, children £4 Rothiemurchus Estate Ranger Service

Every Wednesday in May (8th, 15th, 22nd & 29th May) HIGHLAND LADY SAFARI

Step back in time and get a glimpse into the mysterious world of life on a Highland Estate in the early 1800's. Based on the famous book Memoirs of a Highland Lady this tour takes place at the Grants family home The Doune. Guided by a Ranger walk around this magnificent grand house and wintness for yourself the work that is ongoing to restore this oustanding building. As an extra special treat you are invited into the living quarters of the Grants to see the renovation work that has been completed to date.

Booking: essential tel: 01479 812 345 Cost: £20

Rothiemurchus Estate Ranger Service

May 3rd 5am = 7am **OUT WITH THE OTTERS AT DAWN**

A bright and early start to look for these beautiful but elusive animals.

Tea and coffee available. Meeting place given out on booking. Book by 5pm on 2nd May. Booking: essential tel: 01479 873706 or duncan.mcdonald@highland.gov.uk Cost: adults £5, conc £3 Highland Council Ranger Service

May 4th 4.30am start BLÁCK GROUSE 'DAWNWATCH'

An unmissable opportunity to view the breeding display of these magnificent birds. Followed by a hearty traditional breakfast.

No dogs. Bring binoculars if you have them. Places limited. Mar Lodge EState

Booking: essential - tel: 013397 20164 Cost: adults/children £25 (includes breakfast) National Trust for Scotland Ranger Service

May 5th 2pm - 5pm GLÉN FENDER MEADOWS **BOOK LAUNCH**

Launch of this stunning photographic book of the nature in Glen Fender meadows.

Meet at the Country Life Museum, Blair Atholl. Booking: not required

Cost: FREE

Atholl Estates Ranger Service

May 6th Ipm - 4pm DOIRE BHRAGHAD -

THE BIG OLD FIR COPSE

An easy climb, taking in views of Glen Ey, the Dee, and the Cairngorm plateau, before descending through the ancient pines.

Mid level walk. Sorry, no dogs. Mar Lodge Estate Booking: essential tel: 013397 20164 Cost: adults £5, children U-16 £2.50 National Trust for Scotland Ranger Service

May 6th BIRDS B4 BREAKFAST

6am - 8.30am

An excellent opportunity to observe the courtship rituals of the black grouse from the comfort of a Land Rover

Meeting point: Spittal of Glen Muick visitor centre

Booking: essential - tel: 013397 55059 Cost: £10 per person Aberdeenshire Council Ranger Service

May 12th 10.30am - 4.30pm **BIÓ BUZZ - CLAIS FHEARNAIG**

A walk in beautiful Cairngorm scenery over heather moor at Mar Lodge Estate, enjoying the trees, birds, butterflies and flowers on the way, returning by 'The Hollow of Alders'.

Long mid-level walk. Sorry, no dogs. Booking: essential - tel: 013397 20164 Cost: adults £15, children U-16 £7 National Trust for Scotland Ranger Service

2pm - 4.30pm May 15th IN SEARCH OF JOCK'S BICYCLE

A short walk to explore the arachaeology and natural history of the beautiful pine woods of Glen Quoich

Easy walk, Sorry, no dogs.

Booking: essential - tel: 013397 20164 Cost: adult £5, children U-16 £2.50 National Trust for Scotland Ranger Service

Year of Natural

Scotland 2012

KNOW THE CODE BEFORE YOU GO

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May 18th 10.30am – 4.30pm MOTHS/BUTTERFLIES RECORDING DAY Learn about special moths & butterfies of the

Learn about special motifs & butterfies of the Cairngorms and how to record them to aid their conservation.

Meet at Burn o'VatVisitor Centre, Dinnet.

Adults and accompanied children 12+. Bring waterproofs, stout footwear & packed lunch. **Booking:** essential - tel: 013398 80868 or email: marr.ranger@aberdeenshire.gov.uk Cost: FREC

Aberdeenshire Council Ranger Service

May 18th 10am - 4pm CELEBRATING CAIRNGORMS NATURE

Come along and celebrate the nature found in the National Park. Lots of fun-filled activities for all the family

Meet at MacDonald Aviemore Resort. **Booking:** not required

Contact: 01479 873535

May 20th 6pm – 8pm RED DEER RAMBLE

Accompany a ranger to discover the intriguing lifestyle and learn about the management of the majestic red deer of Glen Muick, also a good opportunity to observe the wildlife of Glen Muick. Meeting point: Spittal of Glen Muick visitor

Booking: essential - tel: 013397 55059 Cost: FREE

Balmoral Ranger Service

May 25th 2.30pm – 3.30pm JACOBITE WEAPONS DISPLAY

Find out about the weapons that were used at the Battle of Killiecrankie.

Booking: not required **Cost:** adults £1, children 50p Atholl Estates Ranger Service

May 28th I 0am - Ipm INSH MARSHES GUIDED WALK

Join the NNR Warden to learn about this special site covering wetland and woodland.

Meet at RSPB car park near Kingussie.

Booking: not required Contact: 01540 661518 / insh@rspb.org.uk Cost: adults £2 (RSPB members), nonmembers £5, children U-16 FREE

May 31st 6pm - 10pn WALK & STALK

Royal Society for the Protection of Birds

An evening in the company of one of the Trust's stalkers. A good opportunity to see red deer and hear about the stalker's work on Mar Lodge Estate. Booking: essential tel: 013397 20164
Cost: adults £15, children U-16 £5

National Trust for Scotland Ranger Service



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